

**Alternative Sleep Position Waiver**  
**Health Care Professional Recommendation**  
(Physician, Nurse Practitioner, Physician's Assistant <sup>10A NCAC 09 .0102(14)</sup>)

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

**To be completed by the child's primary health care professional.**

Name of Health Care Professional: \_\_\_\_\_

Name of Practice: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Pager: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**The N.C. Child Care Law requires that child care facilities place all infants on their backs to sleep. At the advice of the infant's primary health care professional, the facility may be authorized to use an alternative sleep position for the infant for medical reasons.**

The infant named above has the following medical condition, which necessitates an alternative sleep position:

\_\_\_\_\_

The appropriate sleep position for the infant named above is: \_\_\_\_\_

Effective Dates of Waiver: **from** \_\_\_\_/\_\_\_\_/\_\_\_\_ **to** \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
**Health Care Professional's Signature**

\_\_\_\_\_  
**Date**

**"I, as the parent or guardian of the above mentioned child, do hereby release and hold harmless the child care facility listed below, its officers, directors, and employees, from any and all liability whatsoever associated with harm to my child due to Sudden Infant Death Syndrome (SIDS). I affirm and acknowledge that I been provided with information concerning SIDS. I further authorize the child care facility and its employees to place my child in an alternative sleep position, at the recommendation of my child's primary health care professional, as described above."**

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**An authorized official with the child care facility must complete the following section.**

Name of Child Care Facility: \_\_\_\_\_ ID #: \_\_\_\_\_

Facility Representative's Signature: \_\_\_\_\_ Date: \_\_\_\_\_